

O'Sensei's last uchideshi returns to Hawaii !

# Morito Suganuma Shihan

## Nov 29-Dec 1, 2019 at Aikido of Hilo

Friday night thru Sunday

**Suganuma Sensei is 8<sup>th</sup> Dan, Senior Shihan of Kyushu, Japan.**

**The founder's final uchideshi, he was sent to Fukuoka in 1970 by Doshu Kisshomaru Ueshiba.**

**He now supervises over 4000 students at more than 80 dojos and instructs worldwide.**

**We are honored by his return to Hilo for for another awesome seminar experience. Don't miss this chance to train with him.**



**Suganuma Sensei began aikido under Tamura Shihan in 1963; He entered Hombu Dojo as uchideshi in 1967**

**In addition to aikido training, Suganuma Sensei is known for his practice of calligraphy, Zen and yoga**



**Classes will meet Friday evening, Saturday and Sunday.**

**Registration open soon! Save the dates.**

**Visit [AikidoOfHilo.org](http://AikidoOfHilo.org) for updates & registration materials**