

# THANKSGIVING SEMINAR 2019 *with* SUGANUMA SHIHAN

8<sup>th</sup> Dan from Fukuoka, Japan

at Aikido of Hilo -November 29-December 1, 2019  
(Thanksgiving Weekend)

O'Sensei's final uchideshi, Morito Suganuma was sent to Kyushu in 1970 by Nidai Doshu to develop aikido in the southernmost of Japan's major islands.

Over nearly 50 years, Suganuma Shihan has grown an organization of more than 80 dojos with over 4000 members. As Chief Instructor for this large region of Japan, he is regarded as a prominent leaders in today's aikido world.

He is returning for his fifth Hawaii visit, along with members from his dojos in Japan and Canada. His inspiring teachings have been received enthusiastically by all Hawaii members in the past. We look forward to another great experience with him and we hope you will participate.

**Aikido of Hilo's new dojo** will accommodate all that attend. In addition to our air conditioned mat space, we now have our own large changing rooms and bathrooms with showers available.

**Accommodations** are available at various local hotels. We have negotiated special rates at Hilo Hawaiian, the best hotel in town. Availability is limited so reserve soon! Other options include Hilo Bay Hostel and Dolphin Bay Hotel, both within walking distance of the dojo; or Grand Naniloa Hotel Hilo, Hilo Reed's Bay Hotel, Hilo Seaside Hotel and Arnott's Lodge. *See our website, [www.AikidoOfHilo.org](http://www.AikidoOfHilo.org) for more info & all seminar information.*

**Please plan early! Make your reservations** for any needed air travel, hotel and rental car as soon as possible. Please note this seminar begins Friday evening and runs through Sunday afternoon. We encourage you to attend as much as possible. If you cannot attend Friday, plan to arrive by the first class Saturday.

**Complete early registration by Saturday October 19<sup>th</sup>** for the best rates. After 10/19/19 late registrants will pay a higher fee. Any registration questions should be addressed to [AikidoOfHilo@gmail.com](mailto:AikidoOfHilo@gmail.com). *Forms, details and latest updates are available at [www.AikidoOfHilo.org](http://www.AikidoOfHilo.org).*

**We look forward to seeing you at this seminar!** We are excited to host Suganuma Shihan for another seminar here in Hilo, Hawaii. Everyone can again expect the chance for a great experience with his special way of conveying the teaching of the aikido founder.

*Please join us for an awesome aikido experience!*

Sincerely,

*Barbara E. Klein*

*Robert E. Klein, D.C.*