

AIKIDO OF HILO

29 Shipman Street #106 : Hilo, Hawaii 96720
Phone (808) 935-AIKI : Fax (808) 959-4580

Chief Instructor: Robert E. Klein, D.C., 7th Dan



LABOR DAY TRAINING



From Aikido of Kohala, we welcome

KRISINA VARJAN, 7th Dan, Shihan

Please join us in Hilo, Aug. 31, 2024. Our Labor Day seminar will be a single day of classes so you can plan to practice intensively and still have two more days in your weekend.

Keeping it simple, you may register in advance or at the door for the same nominal fee.

We welcome Varjan Shihan's return as guest instructor in Hilo. Many of you have met her and trained with her in the past. This is your chance to experience her expert teaching.

The schedule is below. We hope you'll join us for a great day of aikido training with members from throughout Hawaii.

Saturday 8/31/24	10:00 – 11:30 am	Class
	11:30am	Lunch Break <small>Join us at a restaurant (TBA) or on you own</small>
	2:30 – 3:30 pm	Class
	3:45 – 4:45 pm	Class
	5:00 pm	Seminar Conclusion

Registration and updates are available at www.AikidoOfHilo.org

For questions, e-mail to: AikidoOfHilo@Gmail.com.

We look forward to seeing you on the mat.

Aloha,

Bob Klein