

THANKSGIVING SEMINAR 2019 with **SUGANUMA SHIHAN**

SEMINAR SCHEDULE at AIKIDO OF HILO

Friday 11/29/19	4:45-5:45 p.m.	Youth Class-
		Suganuma Shihan
	6:15-7:45 p.m.	Class- Suganuma Shihan
		Casual dinner to follow at Don's Grill
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Saturday 11/30/19	9:30-10:30 a.m.	Class- Suganuma Shihan
	10:45-11:45 a.m.	Class- Suganuma Shihan
	11:45 a.m.	Lunch Break
	2:30-3:30 p.m.	Class- Yamada Shidoi
	3:45-4:45 p.m.	Class- Yamada Shidoi
	6:30 p.m.	Pot Luck Party at Kleins' House
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Sunday 12/1/19	9:30-10:30 a.m.	Class- Yamada Shidoi
	10:45-11:45 a.m.	Class- Yamada Shidoi
	11:45 a.m.	Lunch Break
	2:30-3:30 p.m.	Class- Suganuma Shihan
	3:45-4:45 p.m.	Class- Suganuma Shihan
		(end of Seminar)
	6:30 p.m.	Farewell Dinner at Restaurant Restasurant Miwa

schedule remains subject to change